

SHOP LOCAL FIRST



# Village Food Markets

The moment you walk through our door, you'll know that **QUALITY** is what we're all about, in our **SERVICE** and on our shelves.



HAPPY CANADA DAY

**FIRE UP THE GRILL!**

We've Got Your Canada Day BBQ Covered

**Locally Owned and Operated**

**Open Daily**

from 7am to 9pm

Receive our specials in your inbox every Wednesday!

**Sign up now @** 

[villagefoodmarkets.com](http://villagefoodmarkets.com)

Specials in effect Wednesday, July 1st - 7th, 2026  
Prices advertised are card holder prices



[villagefoodmarkets.com](http://villagefoodmarkets.com)  
6661 Sooke Road 250-642-2734

## OUR WEEKLY MARKET SPECIALS



B.C. **Blueberries**  
1lb

**3.99** each



Alberta Beef AA or Better  
**T-Bone Grilling Steaks**  
Valu-Pak  
41.86/kg

**18.99** /lb



Greek House  
**Homous, Tzatziki, Roasted Potatoes or Rice**  
227-500g

**4.69** each



**Sourdough Rounds**  
500g

**4.99**

## EVERYDAY BASICS

Diana  
**BBQ Sauce**  
550ml



**3.99**

Oasis  
**Fruit Juice**  
960ml



**2/5.00** +DEP



Kettle Brand  
**Potato Chips**  
198g



**2.99**

Jet Puffed  
**Jumbo Marshmallows**  
400g



**2/5.00**

Dempster's  
**Hamburger or Hot Dog Buns**  
12pk



**2/7.00**



Kraft  
**Salad Dressings**  
425ml



**2/7.00**



# GROCERY

# Village Food Markets

Bick's  
Specialty  
Pickles

1L



Christie  
Assorted Crackers  
180-304g



2/6<sup>00</sup>



French's  
Family Size Mustard  
830ml



2<sup>99</sup>



Prana  
Organic Kilimanjaro  
Trail Mix  
681g



16<sup>99</sup>



Pearl Milling Company  
Pancake Mix  
905g



3<sup>99</sup>



Nabob  
Ground Coffee  
340g



8<sup>99</sup>



Club House  
Gravy Mixes  
21-25g



99¢



Old Dutch  
Restaurante Tortilla  
Chips  
275-290g



2/8<sup>00</sup>



Fuze  
Iced Tea  
12pk

8<sup>49</sup>  
+DEP



Bubly  
Flavored Sparkling  
Water  
12pk

6<sup>49</sup>  
+DEP



Twizzlers or  
Jolly Rancher Ropes  
283-454g

2/7<sup>00</sup>



Guinness  
Non-Alcoholic  
Draught Beer  
4pk

9<sup>99</sup>  
+DEP



Dempster's  
Bagels  
6pk



3<sup>99</sup>



Rogers  
Five Grain Granola  
650-750g



5<sup>99</sup>



Dare  
Viva Puffs  
300g



3<sup>99</sup>



Kraft  
Smooth Peanut Butter  
2kg



9<sup>99</sup>



Kellogg's  
Mega Jumbo  
Mini-Wheats  
1.6kg

9<sup>99</sup>



Unico  
Pizza Sauce  
213ml



3/5<sup>00</sup>



San Remo  
Capers  
250ml

3<sup>49</sup>



Asian Family  
Sweet Thai Sauce  
750ml

5<sup>99</sup>



Texana  
Long Grain  
Brown or White Rice  
907g

2<sup>99</sup>



Gallo  
Extra Virgin Olive Oil  
1L

12<sup>99</sup>



Bounty  
Select-A-Size  
Paper Towels  
3 Roll



10<sup>99</sup>



Granny's  
Liquid Dish  
Detergent  
950ml

3<sup>49</sup>



Tuff Guy  
Regular Outdoor or  
Kitchen Garbage Bags  
8-10pk



2/3<sup>00</sup>



Alcan  
Classic Plus  
Aluminum Foil  
100' Roll

5<sup>49</sup>



Milk-Bone  
Soft & Chewy  
Dog Treats  
113g

2/5<sup>00</sup>



# PRODUCE

**B.C. Cherries**   
11.00/kg



**4<sup>99</sup>** /lb

U.S. **Whole Seedless Watermelon**  
1.74/kg

**79<sup>¢</sup>** /lb



B.C. **Long English Cucumbers** 

**99<sup>¢</sup>** each



B.C. **Kennebec Potatoes**   
1.52/kg

**69<sup>¢</sup>** /lb



B.C. **Green Leaf Lettuce** 

**1<sup>69</sup>** each



B.C. **Hot House Tomatoes**   
4.38/kg

**1<sup>99</sup>** /lb



B.C. **Bunch Carrots** 

**2/3<sup>00</sup>**



Vancouver Island **Green Zucchini**   
2.18/kg

**99<sup>¢</sup>** /lb



B.C. **Broccoli Crowns**   
5.49/kg

**2<sup>49</sup>** /lb



Organic **Strawberries**  
1lb

**4<sup>99</sup>** each




**HEALTHY**

Coco Xim  
**Organic Coconut Water**  
1L



**3<sup>99</sup>** +DEP

Ross **No-Sugar-Added Chocolate Bars**   
34g

**1<sup>99</sup>**



Everland **Organic Roasted Peanuts**   
400g

**4<sup>49</sup>**



Sunrise **Extra Firm Tofu**   
350g

**3<sup>49</sup>**



**FROZEN** 

Kawartha **Ice Cream**  
1.5L




**8<sup>99</sup>**

Cavendish Farms **French Fries**   
454-750g

**3<sup>99</sup>**



**DAIRY** 

Armstrong **Cheese Slices**  
220-240g



**4<sup>99</sup>**

Olivina **Soft Margarine**  
427g

**2<sup>99</sup>**



Dr. Oetker   
**Giuseppe Rising Crust Pizzas**  
660-785g

**5<sup>99</sup>**



Bassili's   
**Best Lasagna or Shepards Pie**  
907g

**7<sup>49</sup>**



Spudler's   
**Breakfast Hash**  
1.2kg

**14<sup>99</sup>**



Saputo   
**Feta**  
200g

**2/8<sup>00</sup>**



Dairyland   
**Whipping Cream**  
473ml

**3<sup>49</sup>**



Island Gold   
**Medium Free-Run Eggs**  
1doz

**5<sup>99</sup>**



# MEAT



**Fresh Boneless Skinless Chicken Breast**

Valu-Pak  
19.81/kg

**8.99**  
/lb



**Fresh Lean Ground Beef**

All Sizes  
17.61/kg

**7.99**  
/lb



**Rosstown Marinated Chicken Skewers**

350g

**9.99**  
each

Grimm's **Pillow Pack Smokies**  
450g



**7.99**  
each

Grimm's Original, Honey Garlic or Hot & Spicy **Pepperoni Sticks**  
450g



**8.99**  
each

Grimm's **Sliced Meats**  
125-175g



**15% OFF**  
AT THE CHECKOUT

# Fresh SEAFOOD



**Wild Coho Fillets** **4.49**  
/100g



**Smoked Salmon Trim**  
Previously Frozen

**2.89**  
/100g



**Clear Ocean Bacon Wrapped Scallops**

Frozen  
260g

**8.49**  
each

# Fresh from The Deli



Resers **Salads**  
454g

**4.69**  
each

Block & Barrel **Honey Ham**

**1.79**  
/100g

Continental **Beer Sausage**

**2.29**  
/100g

Marc Angelo **Deli Meats and Charcuteries**  
85-150g

**10% OFF**  
AT THE CHECKOUT

**Ginger Beef, Honey Garlic or Sweet & Sour Pork**

**2.29**  
/100g

# Fresh BAKED

Made in store **Cinnamon Scones**

6pk

**5.49**

Made in store **Chocolate Brownies**  
8" Sq., 454g

**7.99**

Two-Bite **Brownies**  
265g

**6.49**

Made in store **Mini Donuts**  
272g-364g

**6.49**

Red Stone **Garlic Bread**  
325g

**3.99**



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PLEASE NOTE: All items are subject to availability. There may be limits on some items and no rain checks. Thank you for your patience and understanding.



**WINNER!**

Village Food Market  
\$100 Weekly Winner

**Samantha Martin**

