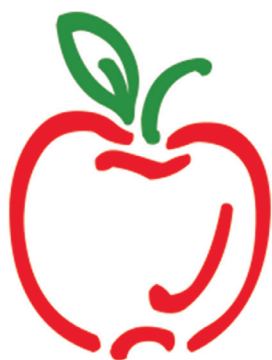


SHOP LOCAL FIRST



Village Food Markets

The moment you walk
through our door, you'll know
that QUALITY is what
we're all about, in our
SERVICE and on our shelves.

Locally Owned and Operated

Open Daily
from 7am to 9pm

Receive our specials in your
inbox every Wednesday!

Sign up now @

villagefoodmarkets.com

Specials in effect Wednesday, Sept 30 - Oct 6, 2026
Prices advertised are card holder prices



villagefoodmarkets.com
6661 Sooke Road 250-642-2734

OUR WEEKLY MARKET SPECIALS



B.C.
Ambrosia Apples
3.28/kg

1.49
/lb



Canadian Frozen Limit of one
Grade 'A' Turkeys
4.39/kg

1.99
/lb



Made in Store
Flax Bread
670g

3.49



Continental
Old Fashioned Ham

1.99
/100 g

EVERYDAY BASICS

Heinz
Beans
398ml



2/4.00

Hunt's
**Thick &
Rich Pasta
Sauce**
680ml



2/5.00

Town House
Crackers
247-391g



2/7.00

Golden Dragon
**Cooking Sauces
or Marinades**
296ml



2.99

Oasis
Fruit Juice
960ml



2/5.00
+DEP

Starbucks
Hot Chocolate
10pk



5.99

GROCERY



Village Food Markets

Level Ground
**Whole Bean or
Ground Coffee**

300g



10⁹⁹



Lay's
**Family Size
Potato Chips**
220-235g



2/8⁰⁰

Gatorade
Sports Drinks
710ml



2/4⁰⁰
+DEP

San Remo
Black Olives
398ml



2/5⁰⁰

Classico
Pesto Sauces
218ml



3⁹⁹

Brownstone
Croutons
737g



4⁹⁹

Mitchell's Soup
**Trio Mini Meal
Mixes**
3pk



16⁹⁹

Kellogg's
**Mega Jumbo
Mini-Wheats**
1.6kg



9⁹⁹

Rogers
Icing Sugar
1kg



2⁹⁹

Coke Products
Assorted Soft Drinks
1L



2/4⁰⁰
+DEP

Barebell
Protein Bars
55g



3⁴⁹

Jell-O
Jelly Powders
10.1-85g



4/5⁰⁰

Silver Hills
**Sprouted
Bread**
430-680g



2/9⁰⁰

Smucker's
Fruit Spreads
500ml



5⁹⁹

Robin Hood
Flour
2.5kg



4⁹⁹

Safflo
**Sunflower
Oil**
500ml



3⁹⁹

Chipits
**Semi-Sweet
Chocolate Chips**
925g



16⁹⁹

Farkay
**Chinese-Style
Noodles**
397g



3⁹⁹

Bull's Eye
**Original
BBQ Sauce**
940ml



4⁹⁹

Minute Rice
**Long Grain
White Rice**
700g



4⁹⁹

Bick's
Relish
375ml



3⁴⁹

Allan's
**White Or Pickling
Vinegar**
4L



3⁹⁹

Bounty
**Select-A-Size Paper
Towels**



10⁹⁹
3 Roll

Pine-Sol
**All-Purpose
Cleaner**
1.41L



5⁹⁹

Ivory
**Original Liquid
Dish Soap**
709ml



3⁹⁹

Tuff Guy
Compost Bags
20pk



3⁹⁹

Milk-Bone
**Soft & Chewy Dog
Treats**
113g



2/5⁰⁰

PRODUCE



Village Food Markets

B.C. 
Orange, Red or Yellow Peppers
2.18/kg



99¢
/lb

B.C. 
Honeydew Melons

2⁹⁹
each



Vancouver Island 
Green Leaf Lettuce

2/3⁰⁰



B.C. 
Broccoli Crowns
5.49/kg

2⁴⁹
/lb



California
Red Seedless Grapes
4.88/kg

1⁹⁹
/lb



B.C. 
Bulk Russet Potatoes
1.96/kg

89¢
/lb



B.C. 
Sweet Onions
2.84/kg

1²⁹
/lb



California
Strawberries
1lb

3⁹⁹
each



Costa Rica
Pineapples

5⁹⁹
each



Organic Mexican
Avocados

2/3⁰⁰



HEALTHY

Coco Xim
Organic Coconut Water
1L



3⁹⁹
+DEP

Everland
Organic Dried Mango
150g

5⁹⁹



Voortman 
No Sugar Added Cookies
225g

2⁹⁹



Sunrise 
Smoked Tofu
180g

4⁴⁹



FROZEN

Rustica
Stuffed Crust Pizzas
665-735g



5⁹⁹

McCain 
Smiles, Spirals Or Tasti Taters
650-800g

3⁹⁹



DAIRY

Armstrong 
Cheese Shreds
500g



8⁴⁹

Oikos 
Multi-Pack Yogurt
4pk

3⁹⁹



Bibigo
Chicken And Cilantro Wontons
1.36kg



12⁹⁹

Spudler's 
Breakfast Hash
1.5kg

14⁹⁹



Natrel 
Organic Fudge Bars
14pk

11⁹⁹



Saputo 
Feta
200g

3⁹⁹



Dairyland 
Chocolate Milk
1L

3⁴⁹
+DEP



Fontaine Sante 
Hummus
565g

3⁹⁹



MEAT

**Sugardale Hams
Butt or Shank Portion
(Bone-in)**

7.69/kg

349
/lb

**Mitchell's
Boneless
Hams**

1.5kg



1799
each

**Maple Leaf
Bacon**
375g
Lazy Maple or
Original



799
each

**Maple Leaf
Dino Nuggets**
700g
Frozen



1199
each

**Fresh
Boneless
Skinless
Chicken
Breast**

Valu-pak
19.81/kg

899
/lb

**Canadian Beef
AA or Better
Striploin
Grilling
Steaks**

Valu-pak
39.66/kg

1799
/lb

Fresh

**Pacific Ling
Cod Fillets**

399
/100g

**Fresh
Imitation Crab
Meat**

149
/100g

**Frozen
Aqua Star
Dusted
Calamari**

340g

799
Each

Fresh from The Deli

**Piller's
Hungarian, Cervelat,
or German Salami**

399
/100g

**Continental
Montreal Beef**

419
/100g

**Homestyle
Deluxe
Potato Salad**

149
/100g

**Greek House Potatoes,
Rice Pilaf Homous or
Tzatziki 227-500g**

449
each

**Castello
Havarti Cheese**
200g

699
each

Fresh BAKED

Made from Scratch

Chocolate Chip Cookies

12pk

649

**Made in Store
Assorted
Loaf Cakes**

454g

649

**Made in Store
Pumpkin
Tarts**

6pk

599

**Made in Store
Carrot
Cake**

454g

949

**Compliments Assorted
Swiss Rolls**

6pk

649



Village Food Markets

Shop Local First

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6661 Sooke Road 250-642-2734 @ f

PLEASE NOTE: All items are subject to availability.
There may be limits on some items and no rain checks.
Thank you for your patience and understanding.



WINNER!

Village Food Market
\$100 Weekly Winner

Abby Dickinson

